

# Music for Adults with Learning Disabilities Project Information 2023/24

Adults with learning disabilities and their carers are invited to join RPO musicians for fun, creative music workshops specially designed to provide stress relief and mood lifting for participants and their carers alike.

At each monthly drop-in session, participants will get the chance to meet professional musicians and work together with other participants to create brand new pieces of music and song. You'll be supported to try out instruments, sing, copy patterns and devise melodies, lyrics and rhythms to create brand new pieces of music. Led by specially trained RPO musicians and Workshop Leaders, sessions are appropriate for adults with a wide range of learning disabilities who enjoy meeting and working with others, and all music will be tailored to fit the skills and interests of the participants attending each session.

No prior musical experience is required to take part, and all genres or types of music will be explored. Instruments will be provided. Drop in to one session to try it out, or sign up for multiple!

## Register Now

**Sessions are free but spaces are limited.** To register, please complete the form overleaf and return to [Resound@rpo.co.uk](mailto:Resound@rpo.co.uk) to secure your place.



## Music for Adults with Learning Disabilities: Project Registration

Thank you for your interest in our music sessions for adults with learning disabilities and their carers. Please complete the following questions and return to [Resound@rpo.co.uk](mailto:Resound@rpo.co.uk) or ring 07809 322 401 for help.

1. **Name:** \_\_\_\_\_
2. **Contact phone number:** \_\_\_\_\_
3. **How did you hear about the sessions?** (Please list the service or group who suggested the project to you, if applicable.)  
\_\_\_\_\_

4. **Demographics** (We use this information to compile statistical data about our project as required by our funders, and to ensure sessions are safe and appropriate for all participants. No names or identifying details will be shared.)

Age:  18-64 years  65+ years

Ethnicity: \_\_\_\_\_

Disability/Access Needs: \_\_\_\_\_  
\_\_\_\_\_

5. **Please tick which session(s) you wish to attend:**

- Monday 16th October 2023, 13:00-13:45 at Ashford Place, Cricklewood, NW2 6TU
- Monday 16th October 2023, 14:00-14:45 at Ashford Place, Cricklewood, NW2 6TU
- Monday 13th November 2023, 13:00-13:45 at The Yellow, Wembley Park, HA9 oGL
- Monday 13th November 2023, 14:00-14:45 at The Yellow, Wembley Park, HA9 oGL
- Tuesday 12th December 2023, 13:00-13:45, Harlesden venue tbc
- Tuesday 12th December 2023, 14:00-14:45, Harlesden venue tbc
- Monday 15th January 2024, 13:00-13:45 at Ashford Place, Cricklewood, NW2 6TU
- Monday 15th January 2024, 14:00-14:45 at Ashford Place, Cricklewood, NW2 6TU
- Monday 12th February 2024, 13:00-13:45, Harlesden venue tbc
- Monday 12th February 2024, 14:00-14:45, Harlesden venue tbc
- Monday 18th March 2024, 13:00-13:45 at The Yellow, Wembley Park, HA9 oGL
- Monday 18th March 2024, 14:00-14:45 at The Yellow, Wembley Park, HA9 oGL

### Privacy Statement

The Royal Philharmonic Orchestra (RPO) takes the responsibility of handling your personal data seriously. The Orchestra respects your privacy and we are committed to ensuring proper use of data and that only relevant information is processed according to your wishes.

We use the personal information held about you in accordance with the Data Protection Act 1998, the Privacy and Electronic Communications Regulations 2003, any replacement laws and the Global Data Protection Regulation (GDPR). We will only store and use data supplied in this form for the purposes of carrying out our Music for Mental Health project sessions as indicated.

For more information about the RPO's privacy and data protection policies or to register a complaint or question, please email [data@rpo.co.uk](mailto:data@rpo.co.uk).